

PORT SHEPSTONE REGIONAL HOSPITAL

ISIBANI NEWSLETTER NEWS

GROWING KWAZULU NATAL TOGETHER

HEALTH REPUBLIC OF SOUTH AFRICA

WAZULU-NATAL PROVINCE

Editor's Note

Cordial salutation to all readers of Isibani Newsletter. It is my honour to present to you our Newsletter for the fourth quarter. One of our highlights during this quarter was the babies born on New Year's Day. Our hospital held a New Year's Baby Celebration party where the KZN Health MEC, Ms Nomagugu Simelane visited to give gifts to the mothers who gave birth on this special day. She also took the opportunity to promote maternal and

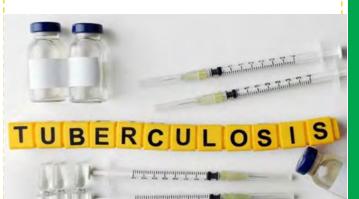
child health. This special event took place at the hospital's Indaba room and amongst the special guests was Ugu Mayor, Mrs Phumlile Mthiyane and senior managers from KZN Health. In this issue we will also

highlight the hard work done by our staff from the Internal Medicine Department during the challenging times of COVID-19. The Assistant Nursing Manager for Internal Medicine departments, Mrs Linda Manipersad surprised her teams, especially the staff that went an extra mile during Covid-19 times. We hope you will take time to read and enjoy all the articles covered in this issue. Happy reading! Mrs P.P. Morai – PRO

CONTENTS

Editor's notepg1
New year's babypg2-5
Orientation for Clinical Nursing Mentorspg5-9
PSH Commemorating World TB Daypg10-11
Awareness on Cervical Cancerpg12-13
Staff Recognitionpg14-16
PSH Audited for Quality Nursing Carepg17-18
Our page of Appreciationpg19-21
Our Complaints Pagepg22
New Employeespg23–29
Acknowledgementspg30

JANUARY-MARCH 2022





രി

KZN Department of Health



KWAZULU-NATAL MEC FOR HEALTH- MS NOMAGUGU SIMELANE WELCOMES NEW YEARS' BABIES AT **PORT SHEPSTONE REGIONAL HOSPITAL**



Excitement was written on everyone's face on 1 January 2022, when the KZN MEC for Health, Ms Nomagugu Simelane arrived at Port Shepstone Hospital to welcome the New Year babies and also to promote maternal and child health.

'Improving maternal health is key to saving the lives of more than half a million women who die as a result of complications from pregnancy and childbirth each year.' stated Ms Simelane.

On this special day four babies were delivered and the moms were all given beautiful hampers.

DAY

We are pleased to announce that, as of 9am today, the Province of KwaZulu-Natal had welcomed 33 Here at Port Shepstone Hospital New Year babies from healthcare we've had one New Year baby, a facilities across the Province. This girl who was born to a 40 year-old number is made up of 14 boys and mother from Makhoso area of 19 girls. This number will, of uMthwalume, weighing at 2, 590kg. course, change as the progresses. The Province's first health challenges, and are under New Year's baby, was born at Mosvold Hospital, under Umkhanyakude District, shortly · after midnight. Interestingly, we have a set of twin girls who were born at Prince Mshiyeni Memorial Hospital, to a 25 year-old mother, Ms Ziyanda Madikizela.

weighing in at 2.05kg; followed by the second one two minutes later, who weighed 2.36kg.

day Both mother and baby have some close medical supervision.



NATAL PROVINCE EALTH

KwaZulu-Natal Department of Health



kznhealt



REMARKS BY KZN HEALTH MEC MS NOMAGUGU SIMELANE, ON THE OCCASION OF WELCOMING BABIES BORN ON NEW YEAR'S DAY

NEW YEAR: A CHANCE AT INSTROSPEC-TION/HEALTH CONSCIOUSNESS

With the start of the New Year comes the opportunity to start afresh, conduct an introspection, and not repeat the same mistakes of last year.

For us as individuals, it should be the opportunity to rejuvenate the mind, body and soul, by becoming more health-conscious, and behaving in a manner that protects us and our loved ones from acquiring and spreading diseases.

It's also a good time for us to start adopting good habits such as undergoing comprehensive health screening and testing, which you can do at our public health facilities, so that we may find out if there are any diseases that are creeping up on us. This ensures that if there are such diseases, then we may take the appropriate action to stop them from developing further, and then ambushing us when we least expect them, or when it's too late to intervene.

It's also a good time for us to change and improve our eating habits, and follow a healthier and balanced diet as far as possible.

Activities such as taking up regular exercising have a number of benefits, such as weight control, and can help reduce the risk of heart diseases, and also enable the better management of blood sugar and insulin levels.

I am, of course, licensed to talk about the benefits of exercising, having walked several kilometres along the Durban beachfront yesterday, where we were encouraging tourists and beach-goers to get vaccinated, because quite frankly, we still have a lot of work to do in that regard; until we achieve population immunity.

PRESSING RESTART; CARING FOR THE PEOPLE WE SERVE

Importantly, for us in the public health sector, this

is also a time to reflect on who we are,

what



we stand for, why we are where we are, and why we do what we do?

On why we are nurses, doctors, and allied health workers? It's a time for us to go back to respecting and treating each and every healthcare user that's in front of us the way we would like our own parents and family members to be treated.

To those behind the counter and on the operating table at our clinics, CHCs and hospitals, our clients are not a nuisance that must be treated with disdain, and spoken to anyhow. They're not just "an irritation" that left home and came to us because they had nothing better to do. They're here because they are not well; and they've come to us because we are all that they have.

Bathembele kithina.

When you delay the start of your shift at the clinic in the morning; nilibele wukuxoxa izindaba instead of working, or when you all go on lunch break at the same time and leave people waiting, unnecessarily, for hours on end; you're failing our people. When you make our fellow compatriots stand in long queues, in the scorching heat or in the rain, without making better alternative arrangements – because wena you have an airconditioned office and medical aid, you are letting them down your own brothers and sisters, and stripping them of their own dignity.

It is unacceptable, and we will not tolerate it

kznhealth





KZN Department of Health



CONT. CELEBRATION OF NEW YEAR BABIES AT PORT SHEPSTONE HOSPITAL



When you make our fellow compatriots stand in long queues, in the scorching heat or in the rain, without making better alternative arrangements – because you have an air-conditioned office and medical aid, you are letting them down your own brothers and sisters, and stripping them of their own dignity. It is unacceptable, and we will not tolerate it. So, let us remember that, being in the health sector is not just a job, but a calling. It is not "work", or a "dead-end job", but a vocation.

That is how it must be seen. As something from which we should all derive a deep sense of satisfaction, because we're supposed to save lives and give hope to the hopeless out there.

Despite what ever challenges we may be going through, let us not forget that each and every day presents us with an opportunity to make someone's day, and give them a reason to live another day. One again, we have to register our concern that among these mothers is a 15 year-

old, two 16 year-olds, a 17 year-old, and an 18 year-old. In the case of the 15 year-old girl, the father is 18 years old. You then begin to realise that the mother was just 14 years old when she conceived, while the boy was 17. So, these are just children, who are nowhere near ready for the responsibilities that come with bringing a child into the world. We therefore can never overemphasise the risks that our girls are exposed to when they fall pregnant. Not only are they in danger of potentially fatal pregnancy-related ailments, but their prospects of fulfilling their potential as human beings are vastly diminished. We once again call upon parents, guardians, educators and community leaders to have open and frank conversations with their children about the benefits of abstinence and responsible sexual behaviour.



KWAZUI HEALTH REPUBLIC OF

WAZULU-NATAL PROVINCE

KwaZulu-Natal Department of Health

kznhealth
@kznhealth



CONT. CELEBRATION OF NEW YEAR BABIES AT ORT SHEPSTONE HOSPITAL



We also re-iterate our call for society to expose and help bring to book any man who impregnates a girl aged 16 and below, because that constitutes statutory rape. We also urge law enforcement authorities to adopt a zero-tolerance stance against this scourge that continues to bedevil our society.

GIRLS AGED UNDER 18 FALLING PREGNANT

Once again, we have to register our concern that stinence and responsible sexual behaviour. among these mothers is a 15 year-old, two 16 year-olds, a 17 year-old, and an 18 year-old. In the case of the 15 year-old girl, the father is 18 years old. You then begin to realise that the mother was just 14 years old when she conceived, while the boy was 17. So, these are just children, who are nowhere near ready for the responsibilities that come with bringing a child

into the world. We

therefore can never over-emphasise the risks that our girls are exposed to when they fall pregnant. Not only are they in danger of potentially fatal pregnancy-related ailments, but their prospects of fulfilling their potential as human beings are vastly diminished. We once again call upon parents, guardians, educators and community leaders to have open and frank conversations with their children about the benefits of ab-

We also re-iterate our call for society to expose and help bring to book any man who impregnates a girl aged 16 and below, because that constitutes statutory rape. We also urge law enforcement authorities to adopt a zero-tolerance stance against this scourge that continues to bedevil our society.

So, as we enter the New Year, let us try and rediscover ourselves, and the reason why we exist, and embrace the people that we are called upon to serve. This need not be a New Year's Resolution that fizzles out after a few days, weeks, or months; but a way of doing things that we carry with ourselves for the duration of our careers.

05



VAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA







PORT SHEPSTONE HOSPITAL CETU DEPARTMENT ORIENTATES CLINICAL NURSING MENTORS



base in Marburg. This was an initiative to meet pects such as teaching relevant skills, applying the South African Nursing Counsel requirements theoretical knowledge to clinical practice, and for training institutions. These mentors have a providing students with adequate support and enkey role in the clinical setting, and effectively couragement. During the cause of the orientamentorship is pivotal to ensuring successful learn- tion, the nursing management team highlighted ing among nursing students.

The aim for this orientation was to educate professional nurses on their new roles and responsibilities as mentors because mentors are so pivotal to ensuring that nursing students have the right mix of skills to work in registered practice, so the institution had to provide mentors with adequate education and support. Mentorship is considered as a dynamic psychosocial intervention that in-

ETU (Clinical Education & Training cludes educative and supportive interactions be-Unit) department orientated the newly tween students and mentors at the clinical training appointed clinical nursing mentors on site. These interactions are based on the profesthe 16th of February 2022 at EMRS sional behaviour of mentors, which includes ashow a professional clinical nursing mentor should behave professionally, and they also handed out clinical education and training packages to each member. Almost 18 clinical nursing mentors attended the training and they learnt about their new roles and responsivities which is to facilitate and mentor the new hospital nursing students.



EALTH EPUBLIC OF SOUTH AFRIC







CONT.ORIENTATION FOR CLINICAL NURSING MENTORS



Mrs Mandisa Maqutu (DMN) delivers a message of support to the newly appointed mentors



Mrs M Nyawose from the College speaking about their expectations from the newly appointed mentors



Mrs Nsiki Malishe delivered message of support on behalf of Clinical Lecturers



Front row—left to right are: Mrs N. Malishe, Mrs M. Nyawose, Mr P. S. Tsoeunyane, Mrs M. C. Maqutu, Mrs N. Tyala, Mrs N. Guga, Middle row—left to right are: Mrs K.H. Qayiso, Mr B.N. Ndaleni, Mrs E. Govender, Mrs P. Tshokovu, Mrs N.H. Mazeka, Mrs L.P. Mawaba, Mrs T.L. Gcaba,

Back row–left to right are: Mr B.L. Mjwara, Mr M. Mendwana, Mr S.M. Khumalo, Mr N. Naidoo, Miss T.P. Chiliza, Miss A. Manuel, Mrs S.R. Etty, Mrs V. Naicker, Mrs S. Maphumulo, Mrs R. Naidu, Mrs B. Barnard.

07



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA



KZN Department of Health



Clinical Preceptor PN Etty handing Clinical Education and Training Packages to the Mentors



Mrs S.R Etty and N.H Mazeka





Mrs S.R Etty and Mr M. Mendwana



Mrs S.R. Etty and Miss A. Manuel



Mrs S.R. Etty and Miss T.L. Gcaba



Mrs S.R. Etty and Mr S.M. Khumalo



Back row (left to right)are: Mr Khumalo , Mr Naidoo, Mr Jwara, Mrs Barnard Middle row (left to right) are: Mrs Naidu, Mrs Qayiso, Mrs Mazeka, Miss Chiliza, Miss Gcaba, Miss Manuel Front row (left to right) are: Mrs Mawaba, Mrs P Tshokovu, Mrs Ndaleni, Mrs Govender, Mrs Maphumulo, Mr Mendwana



.....

KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA 👔 KwaZulu-Natal Department of Health

KZN Department of Health





INT.ORIENTATION FOR CLINICAL NURSING MENTORS Clinical Preceptor PN Etty handing Clinical Education and Training Packages to the Mentors



PN K.H. Qayiso

PN T.P Chiliza



PN B. Barnard

PN R Naidu

PN N. Naidoo



PN E Govender

PN B.L Mjwara

09



128

KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA

KwaZulu-Natal Department of Health







1

.....

PORT SHEPSTONE HOSPITAL COMMEMORATES WORLD TB DAY



Commemorating World TB Day are (from left-right) Sakhumzi Adonis, Ziyanda Adonis, Njabulo Moshoeshoe, Nobukhosi Ndwalane, Nokuzola Mpangase, Xolile Sikhosana, Bongeka Mkhungo and Nokwazi Ngubane .

Port Shepstone Hospital HIV/AIDS, Sexually

Transmitted Infections and TB unit (HAST) management mobilized all its resources to raise awareness to remind everyone that TB is a preventable and curable

disease. This was done under the theme-'Invest to End TB. Save Lives'. Each year, we commemorate World Tuberculosis (TB) Day on March 24 to raise public awareness about the devastating health, social and economic consequences of TB. The date marks the day in 1882 when Dr Robert Koch announced that he had discovered the bacterium that caused TB, which opened the way towards diagnosing and curing this disease.



KWAZULU-NATAL PROVINCE

KZN Department of Health



CONT. PSRH COMMEMORATES WORLD TB DAY



Nurses and doctors from the HAST Department educating hospital clients about TB while waiting to get their files from P/A Un it

n the TB day: March 24, the clinical team which was comprised of the nurses, doctors and private partners from the hospital HIV/ AIDS, SEXUALLY TRANSMITTED INFECTIONS (HAST) unit conducted a robust engagement with patients while waiting to get their files from Patient Administration unit within the hospital.

Dr Ziyanda Adonis, Clinical Manager for Hast services shared a lot of insightful messages on the symptoms, diagnosis, treatment and preventative measures of TB. "Anyone can get TB, but those at great risk include people who have compromised immune system due to HIV/ AIDS and other chronic illnesses such as cancer, high blood pressure, diabetes mellitus, heart conditions, pregnant women and people



Celani Gumede (left) asks Dr Ziyanda Adonis a Follow-up question

who have spent some time with TB sufferers who are not on treatment. During the course of this month, the team conducted a number of outreach campaigns, mainly focusing on screening and giving health education to casual workers in factories around Port Shepstone.

TB remains one of the deadliest infectious killers in our society. We note it with great concern that COVID-19 pandemic has shifted focus on many people away from TB and hence we saw patients defaulting on treatment, reversing the years of progress made in the fight to end TB. Dr Adonis encouraged people to continue washing their hands, open windows in their homes and in public areas and cover their mouth and nose when coughing and sneezing as TB is an airborne disease. In doing so, we hope we will all save more lives, and accelerate the end of the TB epidemic.



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health



HOSPITAL OCCUPATIONAL HEALTH CLINIC STAFF CONDUCT

CERVICAL CANCER AWARENESS CAMPAIGN

Port Shepstone Regional Hospital Occupational Health Clinic staff working together with their Manager, Sr Eureka Thompson, raised awareness on the importance of doing regular check-ups for cervical cancer over the period 25th February to 4th March 2022.

According to The Cancer Association of South Africa (CANSA) cervical cancer is the 2nd most common cancer among South African women, but has the highest mortality in our country. The cervix is the lower, narrow end of the uterus and its leads from the uterus to the vagina (birth canal) below. HPV is the primary cause of cervical cancer in women.



Professional Nurse Nerisha Ramlall, Occupational Health Clinic Manager Eureka Thompson and Professional Nurse Janet Moosa

WHY IS CERVICAL CANCER SCREENING IMPORTANT ?

According to Professional Nurse Janet Moosa, Occupational Health Clinic nurse, "early detection for cervical cancer is important because it gives us a platform to promote health and prevent long-term illnesses."

Cancer does not discriminate because even the young people can get it now, so it is important for detecting early so that people can prevent having serious complications of the disease. By conducting this campaign, we wanted to reach out to our clients, particularly the staff of Port Shepstone Hospital and motivate them to take action in support of their health.

We also saw a need to inform all our clients about health threats and to encourage them to engage in healthy behaviours that provide resistance to serious health threats.

TAKE CHARGE OF YOUR HEALTH



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA







DR GEORGE VERGHESE GIVES MORE INSIGHTS ON CERVICAL CANCER

Doctor George Verghese, Sessional doctor who works part-time at Port Shepstone hospital Occupational Health Clinic encourages women to do regular check-ups because cancer of the cervix is a condition that once you get it, the them knowing because STD's prognosis (chances of survival) is very low and it is very important to pick it up before it becomes the actual cancer.

Picking up the cancer very early by screening procedure is vital. We screen to see if patients have chances of developing cervical cancer and normally these days we screen even younger people because of the issue of HIV/AIDS. Those with HIV/AIDS have a higher chance of developing cancer of the cervix. People who are sexually active, especially those with many partners also have higher chances of developing the cancer of the cervix.

When we do cervical screening, we use a plastic brush to take some samples of few cells. These samples are sent to the lab for testing and analysis of the results. The results will show if there are any malignant cells.

In the past, we only did cervical cancer screening for older women around the ages 40+ but now we are doing it even for women that are 20+ because of the change in lifestyle. This is due to the issue of HIV/AIDS and Sexually Transmitted Disease.

Is it possible to have an STD without you knowing?

Yes, it is possible and even females can have sexually transmitted diseases without show no symptoms and the organism that causes sexually transmitted disease sits in the cervix and brings about changes in the cervical tissue and at a later stage, it will manifest as cancer. There is a condition called herpes simplex, which is a type of viral disease. and it can be transmitted from one person to another. A female can transmit it to her male partner, then the male can transmit it to his other girlfriend, and that girlfriend can transmit it to her second partner and so on. Herpes simplex is an infection that does not kill you but the virus sits in the cervix and causes changes within the cervical tissue. This will make chances of developing cancer of the cervix much higher.

What are the symptoms of **Cervical Cancer?**

At the early stages there are no symptoms. The main symptom for the cancer of the cervix is when you start bleeding, for example, if you have a menstrual cycle once a month and you find yourself bleeding in between. When you decide to go and see a doctor and the doctor tells you that you have stage 3 cervical cancer, that stage is an advanced stage of cancer. This

13



will make you end up removing your cervix and you will no longer be able to have children.

Is Stage 3 of Cancer Curable?

Unfortunately it is not curable. An advanced stage of cancer means you die within 5 years.

How can Cervical Cancer be prevented?

I advise women to do regular check-ups. If a woman experiences vaginal discharge, she must see a doctor.

The key message is that if people are sexually active - use condoms and avoid multiple partners.



kznhealti



VAZULU-NATAL PROVINCE HEALTH PEPUBLIC OF SOUTH AFRICA



ATRON LINDA MANIPERSAD REWARDS HER HARD-WORKING EMPLOYEES



positivity in them hoping and praying I will allay some of their fears and anxiety. It took me weeks, if not months, to motivate them,

Mrs Linda Manipersad - Assistant Nursing Manager - Medical wards

hen COVID-19 cases escalated, fear gripped our country, people were afraid for their lives, afraid of the unknown, afraid what the future holds for them. People became paranoid.

This is when I as the leader of nursing in the Internal Medicine Department had to get hold of myself, wipe away my fear, put on a brave face and be positive for my team. I would go on duty gather the staff in the duty room, find out how they were feeling, give them words of encouragement and support, trying to instill a sense of encourage them and build a rapport and team spirit that was unshakable. If I had caved into terror and my thoughts, "I'm going to die"; I'm going to bring this home, I would not have been able to go to work. I was worried all the time. I had to tell myself, THIS IS WHAT I AM HERE TO DO. I prayed about it and being Catholic I found praying the rosary helped to quiet my spinning brain when I needed to sleep. As terrified as I was, I even recall myself telling my staff 'I am not afraid to die, if it's my time then let GOD'S will be done BUT **RIGHT NOW I am ready to**

nurse the first COVID patient". From then , our team grew stronger and closer both doctors and nurse worked tirelessly but still had time to smile or comfort the patients that were anxious, fearful and distressed.

andThe past 18 months have been
a very trying and challengingIt took metime from having to move out of
our comfort zone to other
wards, shortage of equipment,
months, to
shortage of staff, constant
changing of protocols and
them,
guidelines and the list goes on,
but we endured and perseveredbuild a
it that wasbecause we knew our duty as
nurses.

The most challenging time was during the second wave when most of our staff were infected with the virus including myself, further depleting the staff, but through it all we coped. 34/75 staff (45% of nursing staff in the Internal Medicine department) were infected with the virus and it's sad to note we lost 2 of our staff from our component.



KWAZULU-NATAL PROVINCE HEALTH PEPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health





ONT. STAFF AWARDS - MEDICAL

OUR NURSES WERE EMOTIONALLY AND PHYSICALLY EXHAUSTED AND THEY STILL ARE.

WARDS

Our beds would be full, and as soon as a patient left a new one came in. There were days when nurses were lucky to have a tea break. It was the most exhausting thing we've ever experienced. Nurses have never seen so much death. Although nurses were accustomed to dealing with death they say the sheer number and pace of Coronavirus fatalities was overwhelming. There was just so much sadness and so much death. They would lose a patient, spend a few minutes praying over the body with tear-filled eyes then have to quickly prepare the body for the mortuary and clean the bed for the next patient. This virus has

changed us so much as a society and as professional nurses. Nothing is simple anymore. A large part of what keeps us going is one another. None of us could do this alone. Together we form the heartbeat of what makes PSH. It is our interconnectedness and our relationship with one another that helps to keep us steady and strong. **So as a token of appreciation the doctors, matrons, operational managers and professional nurses decide to recognize our nurses by providing lunch and issuing certificates of appreciation and giving gifts to them to show how much we appreciate and recognize their commitment during the pandemic.**



From left to right-back row are: EN.Nkomo, PN Kupa, PN Sosibo, PN J.O. Mbuyeleni, EN Madlala, EN Majola. From left to right-front row are: Matron L. Manipersad, PN Sithole, ENA Gumede, PN Michel, ENA Khethiwe, EN Mthethwa



KWAZULU-NATAL PROVINCE HEALTH PEPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health





CONT. STAFF AWARDS - MEDICAL WARDS



Left-right (back row): EN Dlamini, ENA Gusha, PN Shandu Left-right (front row): PN Nhlangulela, EN Gumede, ENA Zuma, ON Hlongwa, Matron L Manipersad



From left-right: Matron L. Manipersad, PN Hlophe, OM Ndlovu, PN Mtshali, ENA Khawula



From left to right-back row are: EN Mfeka, PN Njaba From left to right-front row are: EN Nxumalo, OM Hlongwa, Matron L Manipersad, EN Mthethwa, PN Machi



From left to right-back row are: PN Moonsamy, ENA Jalubane, ENA Myende, EN Sosibo

From left to right-middle row are: Matron L Manipersad, ENA Biyela, PN Mawaba, PN Mbanjwa, CO Gwala

From the front: OM Pienaar

Your hard work has not gone unnoticed. We also had community members appreciating and congratulating you for doing a great job during the Covid-19 period.

Thank you for work well done!



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health
KZN Department of Health





PORT SHEPSTONE HOSPITAL AUDITED FOR QUALITY NURSING CARE



patients is crucial for their recovery. This was the most pre- ed: dominant goal that Mrs Cynthia Sosibo, KZN Health Nursing Director, emphasized during her support visit to UGu district which was done at Port Shepstone Hospital on Thursday, 27 January 2022.

The team in attendance comprised of the Deputy Nursing Managers from 3 district local government hospitals, 2 Community Healthcare Centre's, and 1 principal from Port Shepstone Nursing Campus. The

Quality nursing care to hospital Director's visit to the district was four-fold and these includ-

- Support to Nursing Managers
- Clinical Nursing Management audit
- Empowerment session with Port Shepstone hospital nurses of all categories
- Formal meeting with Nursing Managers on clinical governance, ethics and professionalism.

The forum conducted a clinical nursing management audit in 5 inpatient wards and 1 emergency department in Port Shepstone Hospital to assess quality nursing care, focusing but not limited to the following areas:

- Cleanliness of the ward/ unit - which included assessment of patient's clothing, bedding, toilets and catering facilities.
- Ward administration
- Patients' Identification
- Management of medicine refrigerators and emergency trolleys.
- Management of Patient Safety Incidents



WAZULU-NATAL PROVINCE EALTH EPUBLIC OF SOUTH AFRICA

KwaZulu-Natal Department of Health KZN Department of Health



CONT. AUDIT FOR QUALITY NURSING CARE



Back from left– Zimase Mthulu (OM for labour ward), and Nokuthula Ndlela (Nursing college principal) . In front (left) Ntombifuthi Ndwendwe (ANM for Gamalakhe CHC) and Zithobile Ngxumza (ANM of the labour ward).

KwaZulu-Natal Department of Health

KZN Department of Health

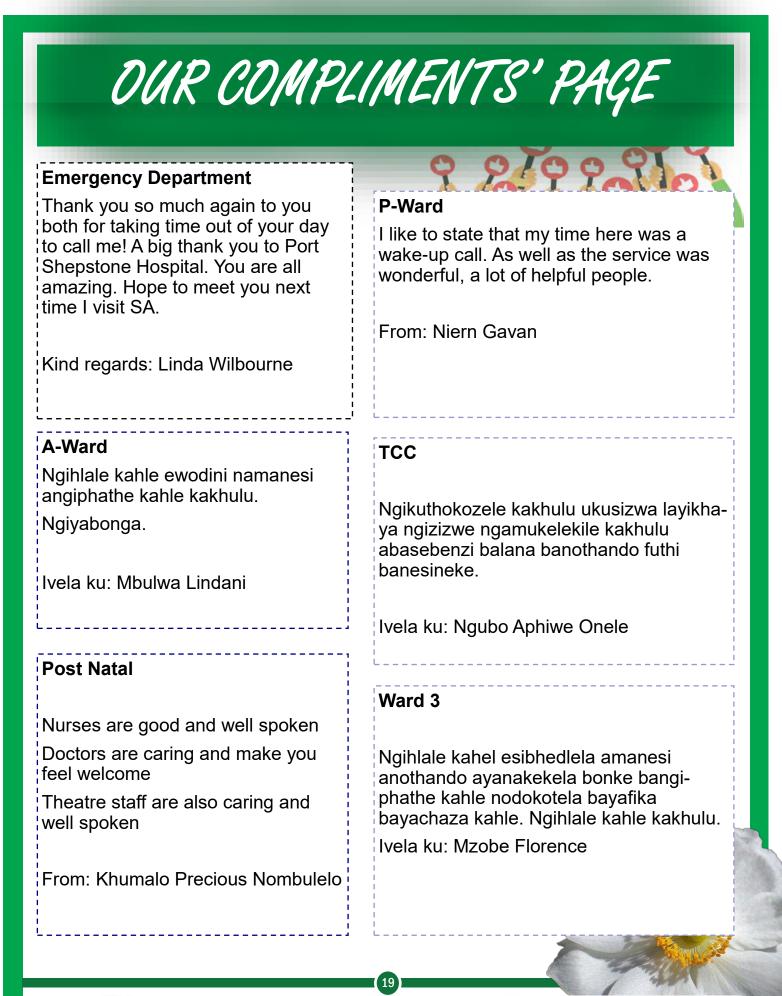
The observation data was complemented with structured staff and patient interviews and the information was analyzed. A comprehensive report will be given back to the hospital management before the end of the financial year. The team also benchmarked on areas of good practices within the hospital.

These included the daily staff allocation register which was an initiative of the Emergency unit Management, the template for doctors' ward rounds in the Medical ward, an initiative by the Medical ward management. Mandisa Maqutu together with her Assistant Nursing Managers: Nopasika Tyala, Sandile Gojana, Linda Manipersad, Patrick Tsoeunyane, Zithobile Ngxumza welcomed the verbal appraisal made by the team and as they wait for the formal report, the entire nursing personnel remain committed to delivering quality nursing care to all Port Shepstone Hospital patients under the trying circumstances.

The hospital's Deputy Nursing Manager, Mrs



WAZULU-NATAL PROVINCE

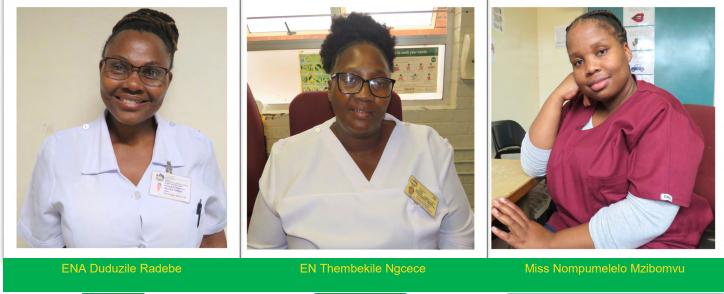


KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health



Meet Some of our Most complimented Staff







20

SPEECH & AUDIO DEPARTMENT



WAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA

KwaZulu-Natal Department of Health

Ø kznhealth KZN Department of Health (C) @kznhealth



CONT. Most complimented Staff



WARD 5



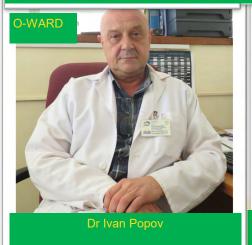




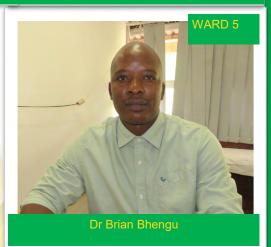
PN Thiloshinee Pillay

EN Nompumelelo Shozi

PN Makhosi Jula







Other Complimented Staff Members from January—March 2022 included the following:

- Dr Mdingi
- Dr Jafta
- PN Ngqulunga
- Dr Magwaza
- Dr Mokgale
- Dr Mkhize
- Professional Nurse Lucas



Dr Bavani Naicker

•

Professional Nurse Mnyende

We unfortunately could not get all their photos as most of them have left our facility.



WAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA

KwaZulu-Natal Department of Health KZN Department of Health





OUR COMPLAINTS PAGE

Month	Complaints Received	Resolved In 25 days	Outstanding Complaints
January	30	19	0
February	15	21 (inclusive of complaints carried over from the previous months)	0
March	23	25 (inclusive of complaints carried over from the previous months)	0
Total	68	65	0

YOUR FEEDBACK MATTERS! We would like to thank all our hospital users for effectively utilizing the suggestion boxes. The information you share with us is valuable and contributes to the improvement of service delivery.

Continue writing to us.

A PEEP AT SOME OF OUR : PATIENT'S SUGGESTIONS

Labour Ward

Umbono wami uthi ngicela ninyusele iLabour Ward ibenkulu ngoba nje izolo ngilale ezitulweni ngenxa yokuthi indawo yokulala ngaphakathi kade isiphelile.

Ngingathokoza kakhulu uma umbono wami ungaphumelela.

Ivela ku: Balungile Mlambo

SOPD

I would like to suggest that the benches of this clinic be changed. They are extremely uncomfortable, especially that most women have pelvic problems or some other excruciating conditions.

Please consider my suggestion and I truly trust that your compassion and spirit of Ubuntu will motivate you to make this change.

kznhealt!

From: Yandisa



HEALTH SEPUBLIC OF SOUTH AFRICA





WARM WELCOME TO OUR NEW EMPLOYEES

INITIALS	SURNAME	GENDER	RANK	APPOINTMENT DATE
ZG	Khowa	Male	Medical Officer	01/01/2022
S	Lutango	Male	Medical Officer	01/01/2022
PN	Luthuli	Female	Medical Officer	01/01/2022
NN	Mpangasi	Female	Medical Officer	01/01/2022
М	Sewchara	Male	Pharmacist	01/01/2022
К	Anirudhr	Female	Dentist	01/01/2022
CA	Buthelezi	Female	Leaner	01/01/2022
L	Cele	Male	Pharmacist Intern	01/01/2022
NPD	Cele	Female	Medical Officer Intern	01/01/2022
NS	Ce <mark>le</mark>	Female	Leaner	01/01/2022
SP	Cele	Female	Professional Nurse	01/01/2022
PA	Chamane	Female	Leaner	01/01/2022
PP	Chiliza	Female	Staff Nurse	01/01/2022
В	Dlamini	Male	Medical Officer Intern	01/01/2022
JL	Farmer	Male	Medical Officer Intern	01/01/2022
L	Fynn	Female	Staff Nurse	01/01/2022
SZ	Gumede	Male	Audiologist	01/01/2022
N	Hlabe	Female	Leaner	01/01/2022
S	Hlomuka	Female	Medical Officer Intern	01/01/2022
KZC	Jafta	Female	Medical Officer Intern	01/01/2022

INITIALS	SURNAME	GENDER	RANK	APPOINTMENT DATE
A	Jagot	Female	Physiotherapist	01/01/2022
MQ	Jwara	Female	Leaner	01/01/2022
JS	Kubheka	Female	Medical Officer	01/01/2022
ZP	Kumalo	Female	Professional Nurse	01/01/2022
тс	Lucas	Male	Nursing & Support	01/01/2022
SCM	Magwent	Female	Medical Officer Intern	01/01/2022
K	Ma <mark>kgal</mark> e	Female	Medical Officer	01/01/2022
Т	Makgen	Female	Medical Officer	01/01/2022
BS	Malunga	Female	Leaner	01/01/2022
NN	Manqele	Female	Medical Officer	01/01/2022
LL	Maplanka	Male	Medical Officer	01/01/2022
N	Mazibuko	Male	Pharmacists In- tern	01/01/2022
S	Mbele	Male	Pharmacist Intern	01/01/2022
A	Mbiwana	Male	Leaner	01/01/2022
N	Mbhele	Female	Psychologist	01/01/2022
S	Mfihlo	Male	Medical Officer Intern	01/01/2022
L	Mkhize	Female	Medical Officer Intern	01/01/2022





Ø kznhealth

(C) @kznhealth

INITIALS	SURNAME	GENDER	RANK	APPOINTMENT DATE
MN	Malunga	Female	Professional Nurse	01/01/2022
SA	Muthwa	Male	Leaner	01/01/2022
S	Mvenyeza	Female	Medical officer In- tern	01/01/2022
ZP	Mvundla	Female	Leaner	01/01/2022
WS	Ndaba	Male	Medical Officer Intern	01/01/2022
A	Ndamase	female	Medical Officer	01/01/2022
AM	Ngcobo	Male	Medical Officer	01/01/2022
AT	Ngubane	Male	Medical Officer	01/01/2022
N	Nhlumayo	Male	Leaner	01/01/2022
QN	Njapha	Male	Medical Officer Intern	01/01/2022
В	Nkosi	Male	Medical Officer Intern	01/01/2022
NZO	Nkosi	Female	Medical officer In- tern	01/01/2022
SBB	Nxusa	Male	Medical Officer Intern	01/01/2022
AN	Mnyandu	Female	Leaner	01/01/2022
L	Ramdoo	Female	leaner	01/01/2022
BD	Rhodes	Male	Medical officer In- tern	01/01/2022
Μ	Saaiman	Female	Leaner	01/01/2022
S	Salajee	Female	Physiotherapist	01/01/2022







INITIALS	SURNAME	GENDER	RANK	APPOINT- MENT DATE
RS	Sekgetho	Female	Medical Officer Intern	01/01/2022
РК	Shange	Female	Professional Nurse	01/01/2022
MC	Mufokheng	Male	Medical Officer Intern	01/01/2022
А	Mpofana	Male	Leaner	01/01/2022
Z	Mtshali	Male	Leaner	01/01/2022
RS	Sekgetho	Female	Medical Officer Intern	01/01/2022
РК	Shange	Female	Professional Nurse	01/01/2022
AP	Shazi	Female	Medical Officer	01/01/2022
LD	Shezi	Male	Leaner	01/01/2022
SA	Sibiya	Female	Diagnostic Radiograph	01/01/2022
A	Sikutshwa	Female	Pharmacist Intern	01/01/2022
LL	Singh	Female	Leaner	01/01/2022
NN	Sithole	Female	Leaner	01/01/2022
KA	Smith	Female	Occupational Therapist	01/01/2022
С	Steene <mark>kan</mark>	Female	Nursing \$ Support	01/01/2022
DRA	Swartling	Male	Leaner	01/01/2022



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health
KZN Department of Health

Ø kznhealth

(C) @kznhealth



INITIALS	SURNAME	GENDER	RANK	APPOINT- MENT DATE
E	Twabu	Female	Medical Officer Intern	01/01/2022
S	Van Zuyda	Female	Nursing & Support	01/01/2022
J	Venter	Female	Physiotherapist	01/01/2022
NSA	Xulu	Male	Medical Officer Intern	01/01/2022
S	Yacoob	male	Pharmacist Intern	01/01/2022
PA	Zondi	Female	Nursing & Support	01/01/2022
V	Zulu	Male	Learner	01/01/2022
AZ	Zungu	Female	Medical Officer Intern	01/01/2022
Ν	Takayi	Female	Medical Officer	01/01/2022
V	Thevan	Female	Leaner	01/01/2022
NS	Thusini	Female	Leaner	01/01/2022
кс	Trentelm		Leaner	01/01/2022



27



KWAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health

Ø kznhealth

(C) @kznhealth





INITIALS	SURNAME	GENDER	RANK	APPOINT- MENT DATE
BM	Hlophe	Female	Professional Nurse	2022/02/01
ZL	Gumede	Female	General Orderly	2022/01/31
ZFM	Mbatha	Female	Administration Clerk	2022/01/31
Μ	Mhlongo	Female	Administrative Clerk	2022/01/31
NH	Mtimkhulu	Female	General Orderly	2022/02/01
YN	Mzelemu	Female	Speech Therapist	2022/02/01



CONT. NEW EM

	1 A A			
INITIALS	SURNAME	GENDER	RANK	APPOINT- MENT DATE
NP	Jikaza	Female	Medical Officer Grade1	2022/03/01
NC	Khwane	Female	Professional Nurse	2022/03/01
Μ	Faku	Female	Student Nurse	2022/03/01
LA	Jwara	Male	Administrative Clerk	2022/02/01
NG	Ngobese	Female	General Orderly	2022/01/31

CONGRATS! ON YOUR NEW JOB

You've earned it and it's great to see that your effort has finally paid off!



HEALTH PEPUBLIC OF SOUTH AFRICA KwaZulu-Natal Department of Health

ര

kznhealth



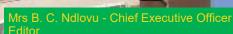
COME

ACKNOWLEDGEMENTS



Editor, Photographer





1

100



Mr T. Sikhosana - Public relations Intern Compiler, Editor, Photographer

HOSPITAL CONTACT D S

POSTAL ADDRESS: Private Bag X 5706, Port Shepstone 4240 SWITCHBOARD: 039 688 6000 FAX NUMBER: 039 682 6678 WEB ADDRESS: www.kznhealth.gov.za EMAIL ADDRESS: Morai.Phumza@kznhealth.gov.za



WAZULU-NATAL PROVINCE HEALTH REPUBLIC OF SOUTH AFRICA



30

(O) kznhealth KZN Department of Health @kznhealth

THAT WALK

